

***NLP Master's Certification Training in Ericksonian Hypnosis
and Advanced Language Patterns 2020***

This twenty-day training begins with four weekends on the hypnotic approaches of Milton Erickson, M.D. The material taught in this training is based on the book *Training Trances: Multi-level Communication in Therapy and Training* by John Overdurf and Julie Silverthorn. The next three weekends focus on Advanced Language Patterns based on the NLP modelling of Milton Erickson, M.D., also incorporating the more recent 'Sleight of Mouth' patterns. The course concludes with two weekends on *Therapeutic Metaphor* and a final integration weekend based on the *Self-Relations* work of Stephen Gilligan.

The purpose of this training is the effective understanding and use of, not only hypnosis, but also NLP at Master's level. While conceptual material is presented, the emphasis is on experiential learning and the acquisition of practical skills.

Course content:

Review of basic Ericksonian skills required to do more sophisticated, advanced techniques

What to do after you've induced trance!

How to do a complete hypnotherapy interview from beginning to end

How to seamlessly transition in and out of ...that's right!

How to construct relevant and precise metaphors

How to easily elicit, and utilise, traditional hypnotic phenomena, including:

 catalepsy

 analgesia/anaesthesia

 amnesia

 deep trance identification

How to incorporate these techniques into your own personal style

How to use Erickson's basic protocol for posthypnotic suggestions

Unconscious Healing & Beyond...

Hypermnnesia (heightened unconscious memory recall) and time distortion used therapeutically and to accelerate learning

Advanced inductions using ideomotor signalling

The difference between honest unconscious signals and conscious compliance
Techniques to quickly induce trance while setting ideomotor signals
Elicitation and utilization of complex hypnotic phenomena
Techniques to best induce deep trance phenomena
Train your clients (and yourself!) to be exceptional hypnotic subjects while still addressing therapeutic issues

Requirements:

Previous Certification as a Practitioner of NLP. More important even than a certificate, however, is that trainees will be expected to consistently demonstrate a high level of mastery of the basic practitioner level material together with a respectful and caring attitude.

Prescribed texts:

Training Trances – John Overdurf and Julie Silverthorn

A Guide to Trance Land – Bill O’Hanlon

Recommended texts:

Ericksonian Approaches – Rubin Battino and Thomas L. South

Trance-formation – Richard Bandler

Hypnosis: a Comprehensive Guide – Tad James

Speak Ericksonian: Mastering the Hypnotic Methods of Milton Erickson – Richard Nongard

The course is run over ten weekends, in Johannesburg, one weekend a month, beginning on the 1st weekend of February 2020. The total investment in the course is R32 000.00, including materials. The Venue for the course is *305 Long Avenue, Ferndale, Randburg*.

For further details please contact:

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